FEDERATION OF BISHOP SUTTON AND STANTON DREW PRIMARY SCHOOLS

CURRICULUM OVERVIEW PE



PE Mindsets:

developing
competence; being
physically active;
engaging in
competitive
sports/activities;
leading healthy, busy
lives

The PE curriculum has been developed to give all children the skills, physical literacy, the emotional and thinking skills to achieve in PE, sport and life. It places the learner at the heart of what we do with the ultimate goal of children feeling valued, included, challenged and supported in their learning.

We provide a high quality physical PE curriculum that inspires all pupils to always do their best and excel in competitive sport and other physically demanding activities. It promotes opportunities for pupils to become physically confident in a way which supports their health, wellbeing, fitness and opportunities to compete in sport and other activities to build character and help embed values such as being kind, safe and to show fairness and respect. It is our aim that all pupils leave us physically literate and with the knowledge, skills and motivation necessary to lead a healthy, active life and life-long participation in physical activity and sport.

Subject Expertise

Understanding of fundamental skills

Traditional and nontraditional games

Swimming skills

Dance and Gymnastics

Teamwork

Systems

Yearly overview plan

The PE Hub (Sep 23)

Pupil progression

Support and challenge

Retrieval of prior learning

Assessment and tracking

	T1	T2	Т3	T4	T5	Т6
R	Gymnastics unit 1	Dance unit 1	Cooperate & solve problems unit 1	Gymnastics unit 2	Run, jump, throw unit 1	Cooperate & solve problems unit 2
	Body management	Manipulation &	'	Speed, agility & travel	Speed, agility & travel	
	unit 1	coordination unit 1	Body management unit 2	unit 1	<mark>unit 2</mark>	Manipulate & coordinate unit 2
Y1	Attack, defend, shoot	Attack, defend, shoot	Hit, catch, run unit 1-	Send and return unit 1	Run, jump, throw unit 1	Send and return - Tennis
	Dance unit 1 animals	Gymnastics unit 1	Dance unit 2	Gymnastics unit 2	Hit, catch, run unit 2	Run, jump, throw unit 2
Y2	Attack, defend, shoot unit 1	Attack, defend, shoot unit 2	Hit, catch, run unit 1	Send and return unit 1	Send and return - Tennis	Run, jump, throw - unit
	Dance – unit 1	Gymnastics unit 1	Dance unit 2	Gymnastics unit 2	Run, jump, throw – unit 1	Hit, catch, run unit 2
Y3	Invasion Games A – Handball	Gymnastics Gymnastics	Net & Wall Games – Badminton	Tennis	Athletics	OAA (Outdoor & Adventurous)
		Dance – unit 1		Gymnastics unit 2	Invasion Games B –	
	Striking & Fielding A — Cricket		Dance - unit 2		Basketball	Striking & Fielding B – Rounders
Y4	Invasion Games A –	Invasion Games B -	Tennis	Net & Wall Games –	Athletics	OAA (Outdoor &
	Football	Hockey		Volleyball	Striking Fielding A –	Adventurous)
	Gymnastics unit 1	Dance unit 1	Dance unit 2	Gymnastics unit 2	Rounders	Striking & Fielding B – Cricket
Y5	Invasion Games A –	Tennis	Invasion Games B –	Net & Wall games -	Athletics	OAA (Outdoor &
	Netball	Gymnastics unit 1	Tag rugby	badminton 	Striking & Fielding A –	Adventurous) Striking & Fielding B -
Y6	Dance unit 1 Invasion Games A –	Gymnastics	Dance unit 2 Invasion Games B –	Gymnastics unit 2 Invasion Games - Netball	rounders	Cricket Striking & Fielding B –
10	Handball	Dance unit 1	football	Gymnastics unit 2	Invasion Games - basketball	Rounders & Cricket
Daily Physical Activity (DPA),	Tennis Go Noodle	Go Noodle	Go Noodle	Go Noodle	Go Noodle	Go Noodle
and Health & Fitness						

Festivals	KS2 Cross Country, KS2 Mixed Football, Y3/4	Y3/4 Netball, Y2 Gymnastics, Y5/6 Mixed	Y4/5 Bowls, Y3/4 Athletics, Y2 Striking & Fielding.				
&	Invasion, Y5/6 Tag Rugby, Y2 Benchball	Football (Chelwood Rotary), KS2 Netball	Y5/6 Quadkids, Y3/4 Tennis, Y1 Tagtails, Y5/6				
Competit			Rounders				
ions							
KS2	Swimming – starting with x7 children per school each Thursday afternoon (KS2 Y6 – Y5 – Y4 – Y3). Aim: for children to be able to swim 25						
Swimmin	metres competently AND use a range of stro	kes confidently and proficiently over a distant	ce of at least 25 metres AND effectively perform safe				
g	self-rescue in different water-based situations						
O cirici	Y6 Residential Visit – Outdoor & Adventurous		Y5 Residential Visit – Outdoor & Adventurous				
	Activities		Activities (from May 2023)				
			All Year Groups – Sports Day				
			All Year Groups - Additional sporting experience e.g.				
			Climbing, Tobogganing, Sailing, Stand Up				
			Paddleboarding				
			Y6 – Bikeability Training				
	Invasion Games A: Handball, Football or Netball	Net & Wall Games: Badminton or Volleyball	Striking & Fielding A: Rounders, Softball or Danish				
	Invasion Games B: Hockey, Tag Rugby or		Longball				
	Basketball		Striking & Fielding B: Cricket or Baseball				
	Body Management =	KS1	Attack, defend, shoot = invasion games				
	Manipulation and coordination = net and wall		Hit, catch, run = striking and fielding				
	Cooperate and solve problems = invasion games		Send and return = net and wall				
	Speed, agility and travel = striking and fielding		Run, jump, throw = athletics				
	Run, jump, throw = athletics						

PH SPORTS WSM (Akeel)